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Ego Assessment

Say Yes to God by Kay Warren
Chapter Resources | Chapter 2

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In the Kingdom of Me, selfishness rules. In the Kingdom of God, self takes a back seat. Honestly assess the following statements about yourself to see which Kingdom your behavior indicates you belong to.

Attitudes in the kingdom of ME:

1. I tend to argue about minor matters.
2. I have a strong need to be “right” most of the time.
3. Thinking about the needs of others is not my first response.
4. I have a hard time admitting and saying “I’m sorry, I was wrong.”
5. I expect those closest to me to know and meet my needs.
6. I get frustrated and angry when inanimate objects like stop lights and machines don’t work properly.
7. I would rather talk about myself and my interests than someone else’s.
8. I expect those closest to me to appreciate my efforts.
9. It’s OK for me to regularly be late to appointments.
10. I tend to hold others to standards that I have a difficult time maintaining myself.
11. I expect those closest to me to cut me some slack when I’ve had a rough day and excuse my bad behavior.
12. I am easily offended and hurt when those closest to me don’t seem interested in my stories.
13. I keep a mental tally of how much I give to others in relation to how much they give to me.
14. I find elderly people and small children extremely annoying.
15. Forgiving others is almost impossible.

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Attitudes in the Kingdom of GOD:

1. I am willing to choose carefully the hills I want to “die on.”
2. I value the relationship with another person more than I do being “right.”
3. Sensing what another person needs in the moment comes easily to me.
4. I readily own up to my mistakes, weaknesses and sins and am willing to ask for forgiveness.
5. I acknowledge that the only way someone else will know my needs is for me to communicate them clearly.
6. I don’t take my frustrations out on inanimate objects that have no real ability to hurt me or ruin my day.
7. I enjoy drawing out another person’s story.
8. I am willing to be uncomfortable for the sake of others.
9. I find satisfaction within myself when I know I’ve done my best or made progress in an area of weakness.
10. I honor others’ valuable schedules by being on time.
11. I try to have the same standards for myself as I do for others.
12. I don’t use my bad day as an excuse for wounding those closest to me by my words, attitudes or actions.
13. I realize that I am not as fascinating as I like to think I am and condense the details of a story.
14. I can give to someone else without secretly keeping score.
15. I am delighted by the antics of children and intrigued by the eccentricities of those older than me.
16. I offer grace and mercy to those who have disappointed, hurt, betrayed, ignored or slighted me.