

# Hope for Mental Health

Community

## Back to School: Support for Families and Kids

- [Karyn Purvis Institute of Child Development](#)
- [TBRI® 101: A Self-Guided Course in Trust-Based Relationships](#)  
*(Free online through Aug. 31.)*
- [TBRI® & Trauma-Informed Classrooms Training](#)  
*(Free online through Aug. 31.)*
- [The Connected Parent](#), a book by Karyn Purvis PhD, Lisa Qualls, and Emmelie Pickett
- [The Whole Brain Child](#), a book by Daniel Siegal, MD and Tina Payne Bryson, PhD
- [Connected Communities: The TBRI® Podcast](#)
- [Creating Trauma-Informed Classrooms](#), an article by Dr. Casey Call, Dr. Karyn Purvis, Dr. Sheri Parris, and Dr. David Cross
- [AL-Inclusive Therapy Services](#), Instagram account for sensory ideas - [@alinclusivetherapy](#)
- [Theraplay](#)
- [GoNoodle](#)



SADDLEBACK  
CHURCH